

**NEW
DATES**



**24th TO 25th MAY
2025**

FESTA
DE CAMINHADAS
NA **ARRABIDA**

Setúbal

HIKING EVENT

SETÚBAL MUNICIPALITY

REGISTRATIONS AT
www.visitsetubal.com



May 24th (Saturday)

S. Filipe Fortress and the Walls of Setúbal

09h30-12h30

Come and celebrate S. Filipe on a walk around the Fortress of the same name and the historical centre of Setúbal, discovering the history of the city and its walls.

Difficulty: **Very easy**

Length: **about 5 km**

Minimum participation age: **12**

Price: **10 € per adult;**

5 € per youngster (12-17 years old)

Organised by: Setúbal Municipality

Portinho da Arrábida and Creiro - Hiking and Canoeing

09h30-16h00

Come for a walk in the Arrábida Natural Park and finish off with canoeing to explore biodiversity and its breathtaking landscapes, the coastline and its hidden caves.

Difficulty: **Easy / Medium**

Length: **about 7 km (hiking)**

Minimum age for participation: **6**

Price: **35 € per person**

Organised by: Ultra Aventura

Rechã d'Arcos

10h00-13h00

A walk through the Serra dos Pinheirinhos where we'll explore Rechã d'Arcos, the hill where the Arrábida's greatest underground treasure, Frade cave, is located.

Difficulty: **Easy / Medium**

Length: **5,3 km**

Minimum age for participation: **10**

Price: **20 € per adult;**

10 € per child (up to 12 years old)

Organised by: Vertente Natural

Arrábida Explorers

16h00-17h30

Discover the secrets of Arrábida in this treasure hunt for children and families. Sign up your team and get a chance to win a prize at the end!

Difficulty: **Easy**

Length: **about 2 km**

Minimum participation age: **6**

Price: **free of charge, subject to registration**

Organised by: Setúbal Municipality

The Goat Trail

17h00-18h30

On this walk, accompanied by a shepherd and one of the last herds of goats in Azeitão, you can enjoy a small picnic in communion with nature.

Difficulty: **Easy**

Length: **about 2 km**

Minimum age for participation: **4**

Price: **12 € per adult;**

6 € per child (4-11 years old)

Organised by: Arrábida Walks & Crafts

Walking and Meditating in Quinta de S. Paulo

20h30-22h30

Join us for a walk and learn about Quinta de S. Paulo and the history of its convents, ending with a Kundalini Yoga class.

Difficulty: **Easy**

Length: **2,5 km**

Minimum age for participation: **16**

Price: **10 € per person**

Organised by: Setúbal Municipality, Associação de Municípios da Região de Setúbal and Elisabete Falcão

A Tribute to Bocage on a Night of Poetic Eroticism

20h30-0h30

Join us on a fun, humorous and relaxed night walk, with poetry full of eroticism, seduction, love and betrayal, sensations and voluptuousness.

Difficulty: **Medium**

Length: **8,5 km**

Minimum participation age: **18**

Price: **10 € per person**

Organised by: SAL

Fireflies Trail

22h30-0h00

Experience Arrábida at night, admiring the light show provided by the fireflies and listening to the sounds in the night! Nobody gets lost here, you just have to follow the lights!

Difficulty: **Easy**

Length: **around 4 km**

Minimum participation age: **6**

Price: **€8 per adult; €5 per child (6-11 years old)**

Organised by: Arrábida Walks & Crafts

May 25th (Sunday)

Fojo and Risco history

10h00-13h00

A walk through Fojo, between the Serra da Arrábida and the Serra do Risco. A place of magnificent rugged landscapes and valleys where the native flora is very well represented.

Difficulty: **Easy / Medium**

Length: **6,5 km**

Minimum participation age: **6**

Price: **20 € per person**

(10 € per child up to 11 years old)

Organised by: Vertente Natural

Villages of Azeitão

16h00-20h00

Discover the natural and cultural heritage of Azeitão on this walk along the PR4.1 STB of the Setúbal walking trails network. There will be a regional product tasting at the end of this hike.

Level of difficulty: **Easy**

Length: **11 km**

Minimum age for participation: **12**

Price: **€10 per adult; €5 per child under 18**

Organised by: Municipality of Setúbal

Fireflies Trail

22h30-0h00

Experience Arrábida at night, admiring the light show provided by the fireflies and listening to the sounds in the night! Nobody gets lost here, you just have to follow the lights!

Difficulty: **Easy**

Length: **around 4 km**

Minimum participation age: **6**

Price: **€8 per adult; €5 per child (6-11 years old)**

Organised by: Arrábida Walks & Crafts

ORGANISED BY



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Entidade Regional de Turismo da Região de Lisboa



Instituto da Conservação da Natureza e das Florestas



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